

Lights of Life

Virtues Inspired

From the lives well-lived
for the sole benefits of others

Divinely Guided Morales
Leading To True Values Of
Being A Human
Living For Other
Human Beings

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“11-1-22” A fresh new beginning

BVRC Functional Wellness begins this beautiful year with springs of compassion for each other mankind: the source of which we need to remain successful as we have always been! With ongoing success, we are proud to be driven by VIRTUES & COMPASSION—before any great knowledge, expertise, strategy, or media.

Accordingly in 2022, specially kind offers are continued for all clinical services to everyone alike, be you a president or a common labor.

Share with us any of your ill suffering, be it old or new, big or small. By appointment every Tue-Sat 8am-noon. Meanwhile, be patient! as we are soon launching “**SASI Retreat**” with her inclusive ‘Magic 2’ reverent on a 2-night journey.

Let’s help maintain the *Integrity*...for a better world filled with genuine health & healing.

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1-2-3 Virtues Inspired

Realize few of the most merciful moral guidance by notable men before us. Ones who led a life well-lived, highly-valued for the benefits of others. The virtues of which we pledge here at **BVRC Functional Wellness**.

Virtue 1

Inspiration: Jesus Christ

So great, yet so loving.

Jesus commands:

“

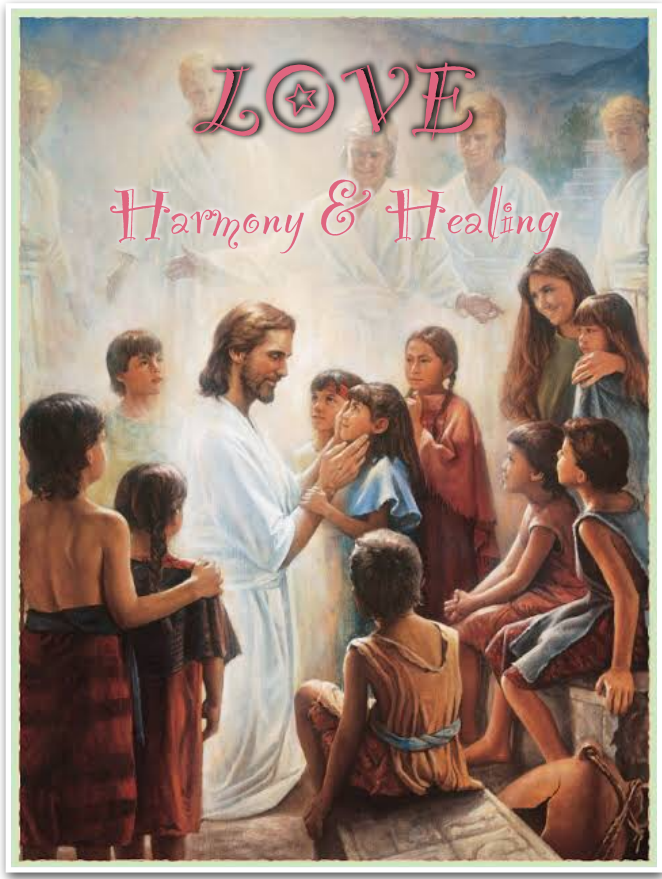
L *OVE one another.”*

[But...some people are just so hard to love?! Including ourselves at times?] Although it is not simple to do, love fulfills the whatever gaps in life. As we learn to love a person ‘as a person’ (and not for their goodness, wealth or fame), there flow all desires to help support one another for the better in any possible aspects. Love does open doors to great health & excellent healing—and medically the hormones can prove so!

He also emphasizes, in such counter-cultural at the time of His preachings:

“Love your enemies and pray for those who persecute you.”

Yet, Jesus’s Beatitudes—divine codes of conducts—are an ultimate path for deep peace and inner joy. Of which have remained truthful against the test of times: the true source of absolute wellbeing from the inside.



“Let all that you do be done in LOVE.”

As He continually preaches.

The greatest inspiration of pure love & sacrifice,
exceptional of genuine care & equality for mankind.



Virtue 2

Inspiration: Albert Einstein

So intelligent, yet so liberal.

“

W *hat is right is not always popular and what is popular is not always right.”*

So true on various occasions for the evolution of health & medicine. And history commonly repeats itself, time after time after time. Frequently we find trends of advice continually given which do not seem to make much sense—or any real health benefits. Yet only because the ‘majority of accountable professions—or authorities’ believe so, if not blindly following. Just as Einstein also stated:

“Reading, after a certain age, diverts the mind too much from its creative pursuits. Any man who reads too much and uses his own brain too little falls into lazy habits of thinking.”

Soon enough humans realize over again, that the vastly accepted trends might have done more harms than help! Einstein commented ever since his times:

“It has become appallingly obvious that our technology has exceeded our humanity.”



What maybe deemed more necessary is to fulfill the empty gaps of any knowledge, trends, and advancements with a space for stillness & silence. Whereby arises reflection, deeper contemplation, and inner wisdom: all inspired miraculously by courses of Mother Nature. While being one of the most significant scientists in the whole world, Einstein did humble himself to respect simple laws of nature in every single of his greatest discoveries.



Virtue 3

Inspiration: His Highness

The Prince Father

“Mahidol Adulyadej”

[Father of Medicine & Public Health of Thailand]

So high, yet so kind.

“

E specially the medical profession is of high dignity.
A good doctor is not rich but does not starve to death.
If one wants to be rich, he/she should be something
else other than a doctor. The medical profession must adhere
to the ideal of kindness and compassion.”

Many of us in the profession especially of the ‘supposedly’ more educations or titles, fail to observe such virtues. Several even misinterpret the dignity gained as measures to be innocently arrogant, placing their grounds above other humans through various means. More so, false dignity gives excuses to make luxurious living out of human sufferings.

A proper understanding, on the other hand, is to always and everywhere be kind and compassionate to patients in both words and deeds.

Prince Mahidol also emphasized the importance of *'being a human'* on top of being a doctor, denoting the absolute needs of empathy for other human beings, especially those suffering in any aspects.





Furthermore, while education is important especially of the higher learning, he eloquently signified:

“True success is not in learning. But in its application to the benefit of mankind”

Regardless of how highly the education may seem, it would deem worthless if one keeps pride only on the ‘pieces of papers’ acquired. Practical applications give ways to deeper understanding and wisdoms outside of theoretical texts, apart from better relating with each other humans, thus comes true compassion.

